

LOIS R. STEINBERG, PH. D.

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EDUCATION

Yeshiva University

Ferkauf Graduate School of Psychology, Ph. D. 1983

City College of the City University of New York

Advanced Certificate: Clinical School Psychology 1984

Jersey City State College

Course work: Administration and Supervision 1982-1983

Montclair State College, M.A.

Learning Disabilities 1973

Seton Hall University

Course work: Psychology and Special Education 1959-1960

Douglass College, B.S.

Major: Psychology Minor: Elementary Education 1959

EMPLOYMENT

Private Practice, Denville, New Jersey 1986-present

Child, adolescent and adult psychotherapy; individual, couples and family therapy; psychological evaluations, including assessment for ADHD, learning disabilities, and independent evaluations; play therapy; women's issues (including cancer, bereavement, care-taking); child advocacy. In addition, working in the Collaborative Law Process in the role of Divorce Coach, or as a Child Specialist.

Consultant Psychologist July, 1988 to December, 1994

Association for Retarded Citizens of Essex County, Inc.

Consultant to the Special Services staff; assessment and treatment planning for clients; in-service training for staff; clinical work with clients (inc. individual and group therapy, brief counseling); liaison with Developmental Disabilities Clinic at U.M.D.N.J. and other mental health clinics; psychological evaluations; multidisciplinary team staffings.

Psychologist/Senior Clinician September, 1986-July, 1988

St. Clare's-Riverside Medical Center, Denville, NJ

Child and Adolescent Psychiatric Unit

Psychotherapy-individual and group; family therapy; psychological evaluations; multidisciplinary team functions; case management; staff supervision; staff in-service.

Learning Consultant/ Coordinator: CHAMP/ School Psychologist

New Providence Public Schools, New Providence, NJ, 1973-1985

Member of Child Study Team: psychological and educational evaluations; case management; team staffings; parent counseling; in-service. Coordinator and administrator of federally-funded program for handicapped preschool children; psychological evaluations; parent counseling; parent and teacher training; advocacy; liaison with professionals and agencies.

<u>Adjunct Faculty</u> (summer): Montclair State College, Upper Montclair, NJ Supervisor: practicum students in emotional disturbance and learning disabilities programs. Instructor: Remediation of Basic Skills	1974
<u>Learning Consultant</u> Boards of Education: Caldwell/West Caldwell, NJ (1 day/week); Parsippany, NJ (half-time position)	1972-1973
<u>Substitute Teacher, Home Instructor, Supplemental Instructor</u> (Intermittent) Boards of Education, Caldwell/West Caldwell, NJ, Summit, NJ, Livingston, NJ	1960-1972
<u>Teacher</u> : Board of Education, Elizabeth, NJ	1959-1960

PUBLICATIONS AND HONORS

Psychologist of the Year. New Jersey Psychological Association, 2008.

Presidential Citation, New Jersey Psychological Association, December, 2006

Editor, *Special Section on Psychological Assessment*, New Jersey Psychologist, Spring 2006

Ethical Issues Related to Psychology and Practice in the Public Schools. New Jersey Psychologist, Spring 2002.

Section 504: Use and Misuse. With Barbara Hale, PsyD. New Jersey Psychologist, Spring 1999.

Psychology in the Schools Committee Responds to New Proposals for Special Education. New Jersey Psychologist, Winter 1997.

Review, *The History of Love* by Nicole Krauss, The Third Ear, Newsletter of the NJAWT, Spring 2007.

The Refilled Nest. Viewpoints (NCJW Center for Women), Winter 1995.

Coping with Expected Change: The Life Cycle. Viewpoints (NCJW Center for Women), 3, 3, Winter 1991.

Facilitation of Parent Role for Participation in Individualized Educational Program Conferences. New Jersey Psychologist. 40, 1, Winter 1990.

Facilitation of Parent Role in Educational Planning for Handicapped Children. Doctoral Dissertation, Yeshiva University, 1983.

Cerebral Dominance: Fact or Fiction. The Learning Consultant, 1979, 5, (4).

Psychologists Recognition Award: New Jersey Academy of Psychology, January 1991, November 1992

City College, City University of New York. Graduated with Honors, 1984.

Psi Chi, psychology honor society, Douglass College.

PROFESSIONAL AFFILIATIONS

American Psychological Association
New Jersey Psychological Association
International Academy of Collaborative Professionals
New Jersey Collaborative Law Group
Essex-Union County Association of Psychologists (*formerly Society of Psychologists in Private Practice*)
Morris County Psychological Association
New Jersey Association of Women Therapists
New Jersey Association of Learning Consultants
Association for the Advancement of Family Therapy in New Jersey

PROFESSIONAL LICENSURE/CERTIFICATION

Licensed Psychologist, New Jersey and Pennsylvania.
School Psychologist, New Jersey and New York
Learning Disability Teacher-Consultant, New Jersey
Supervisor, New Jersey
Teacher of the Handicapped, New Jersey
Elementary Teacher, New Jersey

OTHER PROFESSIONAL TRAINING

Low-Sex and No-Sex Relationships Daniel Watter, Ed.D., NJ-ACT, Springfield, NJ	July 29, 2009
Ethical Decision Making and Risk Management in Clinical Practice Jeffrey Younggren, Ph.D., New Jersey Psychological Association, Iselin, NJ	May 15, 2009
Emotional Acceptance in Couple Therapy Andrew Christensen, Ph.D., NJ-ACT, Garwood, NJ	April 26, 2009
Beyond Mindfulness: The Internal Family Systems Approach Richard C. Schwartz, Ph.D., New Jersey Psychological Association, Monroe, NJ	April 18, 2009
Eating Disorders: When Home Plate is Broken Panel Discussion, Essex-Union County and Morris County Psychological Associations, Florham Park, NJ	March 13, 2009
Basic Interdisciplinary Collaborative Law Training Linda L. Piff, Esq., Ann Marie O'Hare, CPA, CFE & CDFA, Madeline Muse, LCSW, Wall, NJ	February 21 & 28, 2009
Envy: Bringing Compassion to the Green-Eyed Monster Joan Lavender, Psy.D., Essex-Union County Association of Psychologists (EUCAP), Livingston, NJ	November 14, 2008
Anger and Forgiveness Howard Kassinove, Ph.D., NJ-ACT, Clark, NJ	October 5, 2008

- Psychodynamically Informed Treatment versus Cognitive-Behavioral Treatment of Panic Attacks: Points of Convergence or Divergence? September 21, 2008
Eileen Kohutis, Ph.D and Milton Spett, Ph.D. EUCAP, Summit, NJ
- Parenting Coordination: Evolution and Practice January 18, 2008
Sharon Ryan Montgomery, Ph.D., EUCAP, Millburn, NJ
- Deciphering the Impact of Text Messaging, IM-ing, and New Techniques of Communication on Youth Literacy and Social Interaction, November 14, 2007
Phyllis Lakin, Ph.D, Morris County Psychological Association, Florham Park, NJ
- Coming Out to Mom and Dad: Sexual Orientation and the Family November 9, 2007
Thomas Johnson, Ed.D., SPPP, Livingston, NJ
- Clinical implications of Exclusivity in Gay Male Relationships October 20, 2007
Peter Economou, MA, EdS and King Mott, PhD, Woodbridge, N.J.
- A Challenge to Practitioners: Treating Substance Abuse October 20, 2007
Joseph Coyne, PhD and Raymond Hanbury, PhD, Woodbridge, N.J.
- How Do Ethical Psychologists Avoid Being Brought Before the Ethics Committee? September 16, 2007
Jane Hochberg, PhD and Daniel Watter, EdD, SPPP, West Orange, NJ
- The Woman Who Hurt Too Much to Talk? June 3, 2007
Nancy McWilliams, Ph.D., SPPP, Livingston, NJ
- The Psychodynamic Diagnostic Manual: A Clinician-Friendly Taxonomy April 28, 2007
Nancy McWilliams, Ph.D., New Jersey Psychological Association, Iselin, NJ
- Teaching Men Marriage, Scott Haltzman, MD, SPPP, Florham Park, NJ March 16, 2007
- New Medications, Moods, and the Bi-Polar Spectrum: A Clinical Presentation and Discussion January 26, 2007
Roberta Schwartzman, MD and Melissa Frederikse, MD, SPPP, Livingston, NJ
- Autism, Asperger Syndrome and related Conditions: Clinical Features and Assessment Guidelines October 28, 2006
Ami Klin, New Jersey Psychological Association, Woodbridge, N.J.
- Understanding Asperger's Syndrome, Tony Atwood October 27, 2006
American International College, Princeton, NJ.
- Self-Inflicted Injuries: Understanding and Treating Patients Who Cut and Wound Themselves. April 13, 2005
Marta Aizenman, Ph.D, Morris County Psychological Association, Florham Park, NJ
- A Psychologist's Toolbox for Addressing Alcohol and Drug Problems: Integrating Controlled Drinking, Harm Reduction, and Abstinence-Based Approaches April 10, 2005
Arnold Washton, PhD, Mercer County Psychological Assn., Princeton, NJ

- Psychological Assessment of Capacity for Guardianship Hearings
New Jersey Psychological Association, Woodbridge, N.J. October 15, 2004
- A Minyan of Women: family Dynamics, Jewish Identities and Psychological Practice
Panel, New Jersey Psychological Association, Woodbridge, N.J. October 16, 2004
- Nowhere to Run, Nowhere to Hide: The Person of the Therapist is the Therapeutic Encounter
Irwin Badin, Ph.D., New Jersey Psychological Association, Woodbridge, N.J. October 16, 2004
- Neuropsychological Assessment of the Developing Child: A Tool and Theoretical Framework
Jane Holmes Bernstein, PhD, Seton Hall University May 14 & 15, 2004
- Self Regulation: Relaxation, Medication, and the Breath Practices
Donald Morgan, PsyD, New Jersey Psychological Association, Woodbridge, N.J. October 18, 2003
- Music and Mood Disorders: Tchaikovsky
Richard Kogan, MD, New Jersey Psychological Association, Woodbridge, N.J. October 17, 2003
- The New 2002 APA Ethics Code
Sam Knapp, PhD, NJ Psychological Association, Livingston, NJ October 7, 2003
- The Crucible Approach Therapist Workshop:
Integrating Sexual and Marital Therapy, David Schnarch
Jewish Family Service, JCC, Clifton, NJ February 26, 2003
- Effective Association Governance
R. S. Moser, PhD, NJ Psychological Association, Livingston, NJ January 13, 2003
- Legal and Ethical Risks and Risk Management in Professional Psychological Practice: General Risk Management
Strategies, Eric L. Harris, Ed. D, JD. New Jersey Psychological Association, Woodbridge, N.J. September 15, 2000, September 27, 2002
- Explosive Noncompliant Children, Ross Greene, Ph.D.
Blue Moon Seminars, Park Ridge, NJ April 26, 2002
- Effective Interpretation of Play Themes
Institute for Training in Infant and Preschool Mental Health, Newark, NJ. June 13, 2001
- Cognitive Therapy of Personality Disorders, I & II, Arthur Freeman, Ed.D.
New Jersey Psychological Association, Woodbridge, N.J. October 21, 2000
- ACT Against Violence Training Program Pilot Test
American Psychological Association, Washington, D.C. July 20-21, 2000
- Coaching: the Therapist's Own Family, Ann Bakis
Family Institute of Westchester, White Plains, NY October, 1999-May, 2000

- Margaret S. Mahler Symposium on Child Development: Thicker than Blood,
Bonds of Fantasy and Reality in Adoption, Philadelphia, PA May 1, 1999
- Child Clinical Neuropsychology, Ida Sue Baron, PhD & George McCloskey, PhD April 24, 1999
NJ Neuropsychology Assn. and NJPA, Princeton, NJ
- Innovative Approaches to Mind-Body-Healing, Ernest Rossi, PhD April 17, 1999
Dreams, Consciousness and the Human Spirit
New Jersey Psychological Association, Edison, NJ
- New Tests in Assessment of Learning Disabilities, Luanne Adams, Ph.D. December 11, 1998
Newgrange Educational Outreach Center, Princeton, NJ
- The Treatment of Trauma: A Staged Approach, Judith Lewis Herman December 5, 1997
Morris County Battered Women's Shelter, Morristown, NJ
- The Cutting Edge of Clinical Neuropsychology for Clinicians June 27, 1997
The fielding Institute & The Dept. of Psychiatry, NYU Medical Center, New York, NY
- Specialization Seminar in Divorce Mediation, Linda Fish, Esq. and Fran Butler April 27-May 5, 1997
Additional Specialization Seminars, Rutgers University, Newark, NJ November, 1997
- Behavioral Medicine Applications, Dr. Herbert Benson and others August 19-23, 1996
Albert Einstein College of Medicine, Cape Cod Institute, Eastham, MA
- Introduction to Clinical Neuropsychology, New York, NY August 9-10, 1995
American Psychological Association, Division of Clinical Psychology
- Understanding, Evaluating, and Managing Learning Disorders and Attention Deficits April 27-28, 1995
Dr. Mel Levine, Lancaster, PA.
- Intervention Strategies for Attention Deficit Hyperactivity Disorder April 7, 1995
Michael and Sam Goldstein, Essington, PA
- Learning from Women, Boston, MA. April 29-30, 1994
The Department of Psychiatry at The Cambridge Hospital and the Stone Center for
Developmental Services and Studies, Wellesley College. Multiple speakers and panelists.
- The Neuropsychology of Attention Deficit Disorders September-November, 1994
Seminar, various speakers; N. J. Academy of Psychology, Edison, NJ
- Course: Object Relations Couple and Family Therapy September 1993-May 1994
Jill Sevege Scharff, MD and David E. Scharff, MD, UMDNJ, Piscataway, NJ.
- The Brief Therapy Conference: Essence and Evolution, Orlando, Fl. December 8-12, 1993
The Milton H. Ericksson Foundation. Multiple speakers and workshops.

Seminars for Professional Advancement, Cape Cod August, 1991
Adolescents and their Mothers, Patients and their Therapists: An Exploration of Authentic Relationships.
Carol Gilligan, Ph.D. and Teresa Bernardez, M.D.
Clinical Applications of a Relational Approach to Women's Development. Jean Baker Miller, M.D.,
and clinicians from The Stone Center, Wellesley College.

Seminar with Monica McGoldrick October 1990-April, 1991
Women in Systems, UMDNJ Center for Continuing Education, Piscataway, NJ.

Training Program in Play Therapy Summer Institutes, 1990, 1991, 1992
Fairleigh Dickenson University, Rutherford, NJ.

Ackerman Institute for Family Studies, New York, NY 1990-92
Women's Relationships in Context, Olga Silverman, *Bowen Theory and its Application to Various Contexts*, Family Systems Therapy with Individuals, Fran Ackerman

NJ Center for Family Studies, Springfield, NJ 1988-89
Training and supervision in Family Therapy

Psychology Intern : NJ State Internship Program September, 1985-September, 1986
Greystone Park Psychiatric Hospital, Greystone Park, NJ
Essex County Guidance Center, E. Orange, NJ
Child and adult psychotherapy (individual and group); team meetings; treatment planning; family therapy; psychological evaluations.

Continuing Education: Ongoing
Attendance at diverse professional meetings, workshops, and seminars on an on-going basis.

OTHER RECENT PROFESSIONAL ACTIVITIES

New Jersey Psychological Association: *Chairperson and member* : Personnel Committee; *Chairperson*: Affiliate Caucus; *Chairperson and member* : Membership Committee; Psychology in the Schools, *member and former chairperson*; Secretary of the Association; Executive Board, *Member At Large*; Ethics Committee, *member*, Finance Committee, *member*, Committee on Legislative Affairs (COLA), *member and secretary*; Children's Caucus, *member*; Shocking Violence: Youth Perpetrators & Victims – A Multiorganizational Conference, *member of conference planning committee*; Child, Youth and Family Committee, *member.*; Relocation Committee, *member.*

Essex-Union County Organization of Psychologists (*formerly Society of Psychologists in Private Practice*): President, 2005; representative to NJPA Executive Board; *member*, Board of Trustees; Chair: program, internet, and Colleague-toColleague committees.

Morris County Psychological Association: Treasurer; representative to NJPA Executive Board

Morris County Coalition for Safe Childhood. ACT – Adults and Children Together – Against Violence, *member, local advisory committee.*

Professional Services Council, NJ State Department of Education, 1992-2000.

Supervisor of Facilitators, Project GRO Self-Help Groups, NCJW Center for Women. Livingston, NJ, 1989-

present.

Psychologist, Provide Assessments and Consultation to the Child Study Team(s), New Providence and Butler, NJ, October, 1990-1994.

Presenter: *Ethical Issues for Psychologists*, New Jersey Psychological Association, Woodbridge, NJ, October 18, 2003

Presenter, *Establishing a Collaborative Relationship Between Home and Schools*. NJ Psychological Association, Woodbridge, NJ, October 17, 2002.

Speaker, *Depression and Anxiety in Children and Adolescents*. NJ State School Nurses Association, Teaneck, NJ, October 14, 2000.

Panelist, *Gender Bias in the Schools*. P.T.A. President's Council, South Orange-Maplewood Schools, April, 1995

Facilitator, *Breast Cancer Survivor's Group*. Sponsored by American Cancer Society, Morris county. Denville Office, November-December, 1994.

Speaker, NCJW, Livingston, NJ. *Men are from Mars, Women are from Venus: Enhancing Relationships*. July 12, 1994 (also, December 1, 1994).

Speaker, Parents Group of Early Intervention Program, Newton, NJ. *Learning Needs and Styles of the Two and Three Year Old, with Strategies for Managing Behavior*. April 27, 1994. Also, Parent Group of Stepping Stones, Livingston, NJ, May 27, 1993.

Speaker, For Men Only: Educational Series for Men who have a Partner with Cancer, Parsippany, NJ. *Communicating: What You Need to Know to Make it Work*. April 6, 1994.

Speaker, Parents of Kindergarten Children, Rockaway, NJ. *Play: Its Role and Development in the Growing Child*. February 3, 1994.

Speaker, Parents of Young Children, Harding Township. *Being Your Child's Ally for School Success*. March 23, 1993.

Speaker, JCC, W. Orange, NJ. *The Second Time Around*. December 15, 1993.

Speaker, Unitarian House, Summit, NJ. *Balancing Priorities in the 90's: Issues for the Individual*. November 10, 1992. Also, television panel local cable program, Summer, 1993.

Speaker, Rockaway Borough Home and School Association. *Self Esteem: Strategies to Help Your Child Develop a Healthy Self-Image*. October 15, 1993. Also, Parents of Classified Children, Union, NJ, November 11, 1992, and as part of the parent series at the Hanover Library, November 19, 1992.

Talk and Discussion, NCJW Section Meeting, Short Hills, NJ. *Holding On and Letting Go*. April 29, 1992.

Educational Workshop, NCJW Center for Women, Livingston, NJ. *Women and Relationships: We DO Understand*. February 26, 1992.

Panelist, NCJW "Focus on Women," Suburban Cablevision: *Gender Bias in the Schools: Shortchanging Girls, Shortchanging America*. January, 1992.

Advisory Committee on Family Services, Livingston, NJ, 1989-1992.

Speaker, New Providence Parents of Classified Children. *Self-Esteem: Strategies in Helping Your Child Develop a Good Self-Image*. November 18, 1991.

Workshop, National Council of Jewish Women, Millburn, NJ. *When Parents Disagree*. September 26, 1991.

Interview, Resource Center for Women, Summit, NJ, Suburban Cablevision: *Caring for an Ill Relative*. March, 1991.

Facilitator, Resource Center for Women, Summit, NJ: Self-help group *Relationships in Transition*. March-April and September-October, 1990, February-April, 1991.

Consulting Psychologist, Brookhaven Nursing Home, East Orange, NJ, 1989.

Workshop, *Teaching Children Decision-Making Skills*, NCJW Center for Women, November 27, 1990.

Talk and Discussion, NCJW, West Orange, NJ, *Superwoman, Supermom, Having it All: Myth or Possibility?* November 15, 1990.

Talk and Discussion, Resource Center for Women, Summit, NJ, *Mothers and Daughters*. September 26, 1990. Also, Sisterhood, Temple Beth Ahm, Springfield, NJ, May 7, 1990.

Panelist, NCJW "Focus on Women," Suburban Cablevision: *Women Dealing with Illness in the Family*. June, 1990.